**24**. The optically active form or a salt thereof according to claim **20**, wherein the optically active form is an R form.

25. The optically active form or a salt thereof according to claim 20, wherein the compound represented by the formula (I) is a compound selected from the group consisting of the following:

$$H_3C$$
 $H_3C$ 
 $H_3C$ 

-continued

$$\begin{array}{c} H_3C \\ \\ HO \\ \\ CH_3 \end{array} \\ OH.$$

**26**. The optically active form or a salt thereof according to claim **20**, wherein  $R_1$  is -Y-W-Z-Ar, Y is a single bond, W is  $N(R_4)$ ,  $R_4$  is a hydrogen atom, Z is a methylene group having an alkyl group having 1-6 carbon atoms, and Ar is an aryl group optionally having a halogen atom, a hydroxyl group, an alkyl group having 1-6 carbon atoms or an alkoxy group having 1-6 carbon atoms.

27. The optically active form or a salt thereof according to claim 20, wherein the optically active form is an R form.

28. The optically active form or a salt thereof according to claim 20, wherein the compound represented by the formula (I) is the following compound: